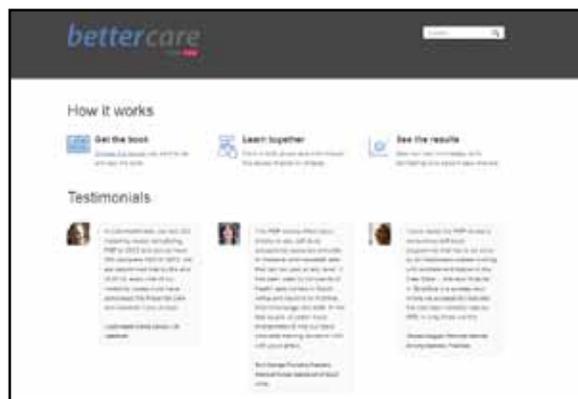


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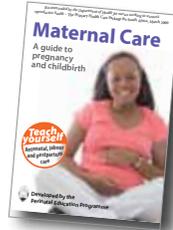
Professor Miriam Adhikari
Academic Head of Paediatrics, UKZN
on Primary Newborn Care

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Courses developed by the Perinatal Education Trust, Eduhealthcare, The Desmond Tutu HIV Foundation and TB Centre, and leading healthcare experts.

BETTERCARE COURSES

Maternal Care addresses the common and important problems that occur during pregnancy, labour, delivery and the puerperium. It is aimed at midwives and doctors working in labour wards in level 2 hospitals.



Primary Maternal Care addresses the needs of midwives and doctors in level 1 hospitals and clinics who provide antenatal and postnatal care, but do not conduct deliveries.

Intrapartum Care was developed for doctors and advanced midwives working in labour wards in level 2 hospitals. Particular attention is given to the care of the mother, the management of labour and monitoring the wellbeing of the fetus.

Newborn Care was written for healthcare workers providing special care for newborn infants in level 2 hospitals. It covers resuscitation, assessing size and gestational age, routine care of normal and high-risk infants, hypothermia, hypoglycaemia, jaundice, respiratory distress, infection, trauma, bleeding and congenital abnormalities, as well as communication with parents.

Primary Newborn Care was written for nurses and midwives who provide primary care for newborn infants. It addresses the care of infants at birth, care of normal and low-birth-weight infants, neonatal emergencies, and common minor problems in newborn infants.

Mother and Baby Friendly Care describes gentler, kinder, evidence-based ways of caring for women during pregnancy, labour and delivery, with special emphasis on kangaroo mother care and exclusive breastfeeding. This book is aimed at nurses and medical officers who work in labour wards.

Saving Mothers and Babies addresses the basic principles of mortality audit, maternal and perinatal mortality, managing mortality meetings and ways of reducing maternal and perinatal mortality rates. This book should be used with the Perinatal Problem Identification Programme (PPIP) in all level 2 hospitals doing mortality audits.

Birth Defects is aimed at all healthcare workers who work with patients with birth defects. Special attention is given to modes of inheritance, medical genetic counselling, birth defects due to chromosomal abnormalities, single gene defects, teratogens and multifactorial inheritance.

Perinatal HIV focuses on preventing mother-to-infant transmission of HIV, and is aimed at midwives and nurses. It covers the basics of HIV infection and screening, antenatal and intrapartum care of women with HIV infection, care of HIV-exposed newborn infants, and parent counselling.

Childhood HIV includes an introduction to HIV in children, the clinical and immunological diagnosis of HIV infection, management of children with and without antiretroviral treatment, antiretroviral drugs, opportunistic infections and end-of-life care. It is aimed at nurses, doctors and lay HIV counsellors.

Childhood TB focuses on the primary care of children with tuberculosis. The book covers an introduction to TB infection, and the clinical presentation, diagnosis, management and prevention of tuberculosis in children and HIV/TB co-infection.

Child Healthcare addresses all the common and important clinical problems in children, including



FINAL EXAMINATION

After working through the course books, participants can take the final examination by requesting an exam paper from the Perinatal Education Programme. To complete the course, participants will need at least 80% for the exam. Participants will receive a certificate of completion for the course if the exam is passed.

immunisation, history and examination, growth and nutrition, acute and chronic infections, parasites, skin conditions, and difficulties in the home and society. *Child Healthcare* was developed for use by GPs and paediatric nurses in primary care settings.

Adult HIV covers management of HIV-infected adults at primary-care clinics, preparing patients for antiretroviral (ARV) treatment, ARV drugs, starting and maintaining patients on ARV treatment and an approach to opportunistic infections. *Adult HIV* is aimed at primary care nurses, medical officers and lay counsellors.

Well Women is aimed at primary health workers who manage the everyday health needs of women. It covers reproductive health, family planning, common genital infections, vaginal bleeding and abuse of women.

Breast Care was written for nurses and doctors who manage the health needs of women from childhood to old age. It covers the assessment and management of benign breast conditions, breast cancer and palliative care.

This book [Adult HIV] is highly recommended for the non-HIV specialist that needs to acquire the skills to manage HIV patients in the community in a safe and effective manner.